

There are *nine* Enneagram personality types:

*Type One:* The Reformer: rational, idealistic, principled, purposeful, self-controlled, and perfectionist. Their basic fear is of being corrupt/evil, defective. Their basic desire is to be good, to have integrity, and to be balanced. Type One believes the world is black and white: there is a right way and a wrong way, their way is the right way and they control, judge, and criticize others from this perspective. Their core issue is anger. When all is going well this type can enjoy life. When all is not going well the Type One becomes emotional, angry, critical, resentful and impatient.

*Type Two:* The Helper: caring, interpersonal, giver, generous, demonstrative, empathetic, well-meaning, people-pleasing, and possessive. Their basic fear is of being unwanted, unworthy of being loved. Their basic desire is to feel loved. Type Twos find themselves giving away too much of their time, money, and energy. They feel guilty when they do something for themselves. They tend to be co-dependent as they put other's needs before their own. They are easily taken advantage of and tend to build resentment. Their core issue is pride. When all is going well for them they can read other's feelings and needs well and are very attentive to those needs. When all is not going well they become emotional and controlling.

*Type Three:* The Achiever: success-oriented, ambitious, pragmatic, adaptable, excelling, driven, and image-conscious. Their basic fear is of being worthless. Their basic desire is to feel valuable and worthwhile. Type Three wants others to think well of them. They are externally motivated and often become workaholics to be seen in a positive light by their employer. They also care about their appearance and often belong to workout centers and are well dressed. They tend to be status-conscious and driven for advancement. The core issue for this type is deceit. When all is going well they are charming, energetic, family oriented and loyal. When all is going poorly they become lost, procrastinate, can't make up their minds, and tend to hang around in a quandary.

*Type Four:* The Individualist: sensitive, withdrawn, expressive, introspective, creative, moody, dramatic, self-absorbed, temperamental. Their basic fear is that they have no identity or personal significance. Their basic desire is to find themselves and their significance. This type defines their life through their emotions and feelings, not life's content. They feel they do not need to live in a 'normal' way. They also feel as if they are fatally flawed. They are tragic romantics, and look back regretfully at lost opportunities. Their core issue is envy. When all is going well they can organize their lives and find direction. When all is going poorly they become emotional, depressed, indulge in self-pity, and can become potentially suicidal.

*Type Five:* The Investigator: intense, cerebral, alert, perceptive, innovative, insightful, inventive, secretive, detached, and isolated. Their basic fear is being useless, helpless, or incapable. Their basic desire is to be capable and competent. They are able to concentrate and focus on developing complex ideas and skills. This type tends to have lower social skills, hold back in groups, and be inside their mind with lots of thought and imaginative fantasy. Their core issue is avarice. When all is going well for Type Five they tend to be with people they know well and are interactive. In the right situations (their area of expertise) they have excellent leadership skills. Fives also deal with eccentricity, nihilism, and isolation. When all is going poorly they tend to retreat into downside escapism: drinking, drugs, gambling, fictional novels, etc.

*Type Six:* The Loyalist: committed, security-oriented, engaging, responsible, anxious, and suspicious. Their basic fear is of being without support and guidance. Their basic desire is to

have security and support. Their core issue is fear. The Type Six tends to constantly weave fearful storylines in their mind about future happenings. They have authority issues. They tend to be excellent but hovering parents and are very family oriented. When all is going well Type Six is happily helping, participating, and enjoying gatherings of friends and family. When all is going poorly they are afraid of failure; fearful of making a mistake. Consequently, Type Six tends to be successful because they think of every possible error and do not make them. This type can be overwhelmed but proactive at the same time. Sixes can also be defiant and rebellious.

Type Seven: The Enthusiast: busy, fun-loving, spontaneous, extroverted, entertainer, versatile, acquisitive, scattered, and generalists. Their basic fear is of being deprived and in pain. Their basic desire is to be satisfied and content - to have their needs fulfilled. Their core issue is gluttony. Type Sevens are always planning or doing a fun activity. They are upbeat and attract others because of their love for living life to the fullest. They are pleasure seekers, and pain avoiders. When they get tired of doing something they move on to something else. They also have trouble with commitment. When all is going well for Type Seven they are content and happy. When all is going poorly they tend to be critical and judgmental of others. They also become fragmented and overwhelmed.

Type Eight: The Challenger: powerful, dominating, self-confident, decisive, straight talking, egocentric, intimidating, willful, and confrontational. Their basic fear is of being harmed or controlled by others. Their basic desire is to protect themselves and to be in control of their own life and destiny. Their core issue is lust; for life as well as sexual lust. The Type Eight wants to control everything and everyone in their environment. They are excellent leaders and tend to own their own businesses or be CEO's. They also tend to be workaholics. When all is going well for Eights they are very generous and gregarious, and lead 'their people' with great charisma. When all is going poorly they become angry, manipulative, and try to sabotage and blame others.

Type Nine: The Peacemaker/Mediator: easygoing, trusting, optimistic, supportive, self-effacing, receptive, reassuring, agreeable, complacent, chameleons, and going along with others. Their basic fear is of loss or separation. Their basic desire is to have inner stability and peace of mind. Their core issue is sloth. Type Nine is easy going, they tend not to speak their opinion because they feel it may be controlling, they go along with what others want to do, they appear happy and content but also tend to build resentment when their needs are not met. They tend to be co-dependent in that they put other's needs before their own to avoid conflict and keep the peace. When all is going well they are happy and content. When all is not going well they can become resentful martyrs and can engage in passive/aggressive behaviors. Type Nine can be passive and stubborn. On rare occasions, they can become very angry.

These nine types constitute the nine core world views of the Enneagram. Both the up-sides and the down-sides of each type cause shape-shifting in their outward appearance. Within any type the healthy version looks very little like the unhealthy version. Also, each type 'wings' toward one of the two numbers adjacent to their number in a circle formation. For example, the Type Two will either 'lean' toward the Type One or the Type Three, hence, sharing some of the qualities of that adjacent type. Further study into the ways in which the Enneagram operates will enable you to recognize your type and better understand how you function within that type. My descriptions here are meant only to help you begin to see the importance of your type and to encourage you to move toward a deeper investigation of your Enneatype.