



Is your workplace environment stressful due to gossiping?

Do you feel stressed because you have to continually watch your back?

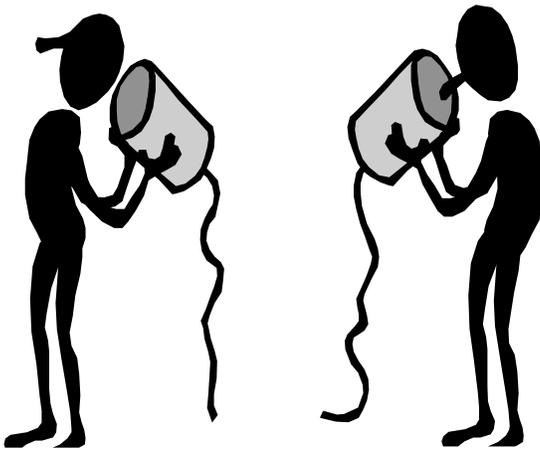
Are you ever the source, or target, of hurtful, painful, disrespectful or demeaning gossip?

Are you stressed because you feel coerced into listening to, or sharing, gossip about co-workers?

Gossip — A Form of Workplace Violence

A Unique, Engaging and Transforming Interactive Workshop

There *is* something you can do about gossip. You can take action and address the harmfulness of this common workplace behavior, and its impact on the well being of your employees — individuals and teams.



How much time, energy and emotion are taken up by gossip in your workplace?

How many stress-related reactions, sick days, and other non-productive behaviors are triggered by this insidious habit?

What price are individuals and your organization paying for gossip and its consequences — a lack of enthusiasm, creativity, positive morale, trust and mutual respect, the absence of comfort, ease, harmony, basic respect and friendliness, tolerance, spontaneity, productivity and peace of mind?

You can opt for “**Business Unusual**”. Acquire an understanding, and learn principles and practices to eliminate the toxic and stressful effects of gossip, and transform your workplace into a culture of tolerance, acceptance and kindness.

Workshop discussions and activities cover:

What is Gossip — *Really?*

What are the Toxic and Stressful Attributes of Gossip and How Does Gossip Poison the Individual, the Team and the Organization?

What is My Personal History with Gossip and How Does It Play Out in My Workplace?

Why Do I Gossip or Allow Gossip to Happen in the First Place? What are the *Root Causes* of gossip? If Gossip is the “Symptom,” What is the “Problem?”

What is the Destructive “Gossip Triangle” and Who are the Three Victims in the Gossip Experience?

Why Do I Sabotage and Undermine the Real Values I Long to Experience in My Workplace?

Is Gossip “Business as Usual” in My Workplace? — Management Sets the Tone, or Doesn’t.

What Tools and Techniques are Available to Support a Proactive Strategy to Stem the Tide of Gossip?

How Can One Create a Culture of Personal Growth and Responsibility in the Face of Gossip?

What Strategies Can I Use to Transfer the Learning Back to My Workplace After the Workshop?

Facilitated by:

Peter Vajda, Ph.D. - True North Partnering

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Values-Based Coaching and Training

www.truenorthpartnering.com – 770-804-9125

“Beyond my expectations...a unique approach ...gave us a deeper awareness of the root causes and the destructive nature of gossip...provided creative strategies, tools and techniques to project manage our move to creating a “gossip-free” workplace...the facilitators are great!”

— Marilyn Delmont, CIO, IT Department, City of Chandler, Chandler, AZ

“Outstanding presentations and information; we learned a lot; terrific food for thought...”

— Paula Fowler, Director, Women in Electronics, Atlanta, GA

“...Our people who attended certainly appreciated your workshop...We hope to have you back next year...”

— Roy Bohrer, Exec. Dir., National Assn. Residential Property Managers, Austin, TX, Annual Conference